



Information about the Teachers

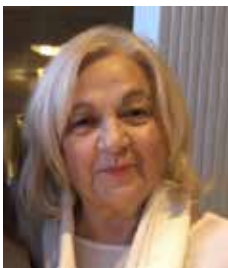


Swami Mangalananda Giri

Born in Germany, Swami Mangalananda grew up near Stuttgart. In 1992, she received Kriya initiation from Rajarshi Peterananda, and then met her master Paramahansa Hariharananda in 1994. From this time onward, she stayed with Paramahansa Hariharananda in various ashrams, and also traveled with him throughout Europe.

After studying philosophy for some years Swamiji began studying medicine in Germany at Tübingen University. However, she chose to continue her medical degree at the University of Vienna, enabling her to complete her studies while simultaneously serving and living with her master. She received her MD in July, 2000.

Shortly after the completion of her studies, in September, 2000, she was ordained as a monk in the Giri monastic order and given the name Swami Mangalananda, which means bliss of auspiciousness. Swami Mangalananda is the first female monk in the lineage of Paramahansa Hariharananda. She conducts Kriya Yoga programs in the Tattendorf ashram in Austria and throughout Europe.



Yogacharya Nada Steinmann

Born 1951 in Macedonia (former Yugoslavia) Nada Steinmann was raised in a loving intellectual and spiritual environment that inspired her search for truth. She received her higher education in economics in Skopje and in her early twenties she moved to Germany.

For almost 40 years she worked as a journalist for the international Radio and TV station DW in Cologne.

She took initiation into Kriya Yoga in 1998 from Peter van Breukelen who inspired her to meet Paramahansa Hariharananda.

Three years later, in 2001 she and her daughter went to Miami Ashram to spend the Christmas time with Gurudev Baba Hariharanandaji. For her spiritual development, this one month together with the Master was the most important turning point in her life. She was blessed by perceiving a divine light radiating from his body.

Apart from being the breadwinner for the family she was regularly attending KY seminars in Europe and India to be closer to her beloved Guruji Paramahansa Prajnanananda.

As a symbol of divine love and service she started spreading the knowledge and science of KY after the war in former Yugoslavia with the wish to contribute to more peace and understanding in the newly formed countries.

With great commitment and love for the children in the Balashram school, she was editing the Hand in Hand magazine Spotlight.

She was authorized to teach Kriya Yoga in 2023.